



MEMBERSHIP/DONATION FORM		
Circle		
New Member	Renewal	Donation

PERSONAL INFORMATION

Full Name(s) Mailing Address Email Phone/Cell Number	Date: ___ Initial if you do not want to be listed in our publications ___ Initial if you are interested in volunteer opportunities with the Friends
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MEMBERSHIP LEVEL – PLEASE CHECK ONE

_____	Basic Friends Membership	\$15
_____	Enhanced Friends Membership* Discounts to CAL Programs	\$50
_____	Super Friends Membership** Discounts on Pool Passes	\$100
_____	Elite Friends Membership. Benefits of Enhanced & Super Membership	\$150
_____	Donation	_____

*As an Enhanced CAL Member after attending 5 CAL classes, you get the 6th program free with a limit of 2 a month.

**By joining CAL, you may use the pool at Plymouth Fitness for \$8/visit. As a Super Friend Member, you may purchase passes for \$5/visit.

Dues Included: \$ _____ Additional Donation: \$ _____ Pool Passes: \$ _____ Total: \$ _____

Check payable to:	Friends of the Plymouth CAL
Mail To:	Friends of the PCAL, 44 Nook Road, Plymouth, MA 02360
Drop Off:	Timeless Treasures Gift Shop in the CAL Lobby

THE FRIENDS OF THE PLYMOUTH CENTER FOR ACTIVE LIVING

DID YOU KNOW: THE CAL & THE FRIENDS WORK TOGETHER?

The Call and the Friends are two different entities with two different purposes but have the same goal. One supports the needs of the Plymouth seniors. One provides money to ensure that support is available. They both need volunteer support. The both provide the social outlets so important to CAL members.

CAL's Mission

To provide our community with a safe, trusted, physical and virtual environment where information and access to programs and services foster a healthy and vital lifestyle throughout the aging process.

- CAL gives you the opportunity, space and the environment to pursue programs, services, and information that will improve and enhance your daily life.
- The CAL is free to join.
- The Cal requires volunteers to help patrons with Meals on Wheels, Transportation for patrons to appointments, for administration needs and Social Service and much more.

DID YOU KNOW:

You can get your taxes done at CAL?

Transportation is available to and from CAL with TAKE A RIDE?

Senior college classes are offered at CAL?

CAL Café serves breakfast and lunch Tuesday – Friday?

Friends Mission

To help provide services and programs for older adults that promote independence and well-being through health, wellness, educational, cultural, and recreational programs. The Friends of the Plymouth Council on Aging is a non-profit support group that obtains funds through donations, sponsorships, membership and fundraising

- The Friends help to increase the funds available to provide the programs, services, and information you receive at the CAL.
- The Friends require a membership fee.
- The Friends require volunteers to plan, arrange and participate in raffles, events, sponsorships and more to raise money to support CAL financially whatever the need.

DID YOU KNOW:

Most entertainment is paid for by the Friends?

The new Bingo game set up was paid for by the Friends?

The Tree of Life is managed by the Friends?

Discounted pool passes are sponsored by the Friends?

Discounts on classes are paid for by the Friends?

Whether you support us financially, for as little as a \$15 per year membership, or with your valuable time, you are investing in the future of our senior community and ensuring that more seniors will benefit from the CAL experience.

THANK YOU FOR BEING A FRIEND!